



# NETL18711 NordicTrack® T 23.0

Motor	3.5 CHP DurX™ Commercial Pro Motor (5.5 HP)
Speed	0–20 Km/h 1-Touch <sup>™</sup> Speed Control (Speed starts at 2km/h, can be reduced to 1km/h and steps from 0,1km/h)
Incline	0-15% 1-Touch™ Incline Control
Treadbelt	50 cm x 156 cm
Display	10" Color Touch-Screen Display with Web Browser Powered by Android™
Workouts	32 Workouts Apps and iFit® Live* Technology included
Pulse	CardioGrip <sup>™</sup> Heart Rate Monitor with Polar <sup>®</sup> Chest Pulse Strap included
Cushion	QuadFlex <sup>™</sup> Cushioning
Entertainment	Compatible Music Port for iPod®**, Intermix Acoustics™ 3.0
Other	SpaceSaver® Design, EasyLift Shock, 20 cm AutoBreeze™ Workout Fan
Deck	159 kg Weight Capacity
Product Size	206 x 90 x 152 cm
Folded Dimension	102 x 90 x 186 cm
Product Weight	112 kgs









## 3.5 CHP DurX<sup>™</sup> Commercial Pro Motor

Run safer, longer and quieter with the DurX<sup>™</sup> Commercial Pro, expertly built with over 25 years of treadmill manufacturing know-how. Like airbags in a car, the Commercial Pro uses preventative engineering to keep you safer, including high-grade wiring and insulation ratings, a thermal cut-off switch and a stringent UL certification process. The Commercial Pro is also dynamically spin-balanced and extensively tested for superior performance in vibration and noise, making it the smoothest, quietest motor available today.

## QuadFlex<sup>™</sup> Cushioning

This commercial-grade cushioning delivers incredible joint protection. With every step, only the extra-long deck moves, responding with the ultimate in stride comfort throughout your workout.

## Space Saver<sup>®</sup> Design with EasyLift<sup>™</sup> Assist

This patented, revolutionary design allows your treadmill to fold vertically for storage. To make it even easier, this treadmill includes a powerful shock that will help lift the deck with an easy push.

## 0-15% 1-Touch<sup>™</sup> Incline

The best and most convenient incline adjustment, 1-Touch™ incline allows you to change the incline with the single touch of a button instead of tediously scrolling through options as you would with traditional incline controls.

#### 0-20 Km/h 1-Touch<sup>™</sup> Speed

Instead of tediously scrolling through options, 1-Touch<sup>™</sup> Speed allows you to instantly change the speed of the treadmill between 0–22 Km/h with the single touch of a button.

#### iFit Live<sup>™</sup> Built-In

Get smarter workouts and faster results with iFit Live<sup>™</sup> built-in. Featuring workout Powered by Google Maps<sup>™</sup>, training with Jillian Michaels and automatic speed and incline controls, this wireless technology is the ultimate workout experience! Now you can customize your own fitness program, receive automatic workout downloads and manage your profile online. Google and Google Maps are registered trademarks of Google, Inc.

## 10" Color Touch-Screen Display with Web Browser Powered by Android™

Get online while you work out ! Connect to your home's wireless network to check the news, read email, watch sports highlights, get on Facebook and more with this 10" touch-screen display.

#### 32 Build In Workouts Apps

Get the workout you want with 32 built-in workout apps. Choose from 8 high intensity, 8 speed, 8 incline or 8 calorie-burn workouts to get the results you want ! The simple navigation of the apps make it quick and easy to pick your workout and get going !

### Set a Goal Workout Center

In addition to the pre-programmed workouts, this treadmill helps you set your own goals. Use the console controls to set your desired workout time, distance and calorie burn goals. The program will automatically calculate a workout just for you !

#### 2.5" Precision Machined Rollers

Along with motors and treadbelts, rollers are one of the "Big 3" of treadmill drive systems, and, at NordicTrack, are at the center of our quest for perfection. To create our rollers, we started with the highest-quality, aircraft-spec bearings, which are then sealed inside roller housings, crafted of high-tolerance, machined steel. Each roller is then dynamically balanced in two planes, giving it the smoothest, quietest and longest performance possible. Finally, each roller receives an application of E-coat, which effectively eliminates static buildup during operation and is RoHS compliant, making it safe for the environment.

#### Compatible Music Port for iPod®

Pump up the volume with this built-in sound system. Plug your iPod®\*, or MP3 Player, into the Interplay™ Music Port for unbeatable sound quality. With the iPod® resting on the console shelf, it's within easy reach and leaves the controls right at your fingertips. \*iPod is a trademark of Apple, Inc., registered in the US and other countries. iPod® not included.

## 50 x 156 cm 2-Ply Treadbelt

This heavy-duty treadmill belt is designed to operate quieter than a normal treadbelt—just one more vital component of a balanced drive system.

## Dual-Grip EKG™ Heart Rate Monitor and Polar Chest

Make the most out of every workout by monitoring your heart rate with sensors built right into the handlebars. Monitor your heart rate with these convenient built-in handlebar sensors or use the Polar Chest Strap included.

#### Intermix Acoustics<sup>™</sup> 3.0

Enjoy rich, powerful performance with this built-in sound system, featuring 3" high-excursion drivers—delivering incredible clarity, while reproducing a sweeping range of audio frequencies.

## CoolAire<sup>™</sup> Workout Fan

Stay cool during your workout with the innovative AutoBreeze™ Workout Fan. The fan is built right into the console, just like the AC in your car. You'll stay comfortable longer, so you can reach your goals faster.

#### Think about the planet and "Love the World"!

Each NordicTrack products are "Love the World" certified which means that NordicTrack compensate all carbon emission generate by the Development, Production, Transportation and use of this machine. So stay confident and think about the planet when you acquire this fitness equipment.

#### Norm :

EN957.1 and 6 classe 5 (Light commercial use) for mechanical part CE Norm for the electrical part of the console In respect of the WEEE Norm for recycling the electrical products

#### Technical Informations :

EAN Code : 00-43619-97687-8 Input: 230V/50/60Hz Box Size : 216 x 84 x 36 cm Box Weight : 127 Kg

